Coffee	12 OZ.	16 OZ.	20 OZ.
DRIP COFFEE	\$1.75	\$2.00	\$2.25
AMERICANO	\$2.50	\$3.00	\$3.25
LATTE	\$3.50	\$4.00	\$4.25
MOCHA	\$3.75	\$4.25	\$4.55
CAPPUCCINO	\$3.50	\$4.00	\$4.25
COLD BREW	\$3.00	\$3.50	\$4.00
Tea	12 OZ.	16 OZ.	20 OZ.
TIPU'S CHAI LATT	E \$3.95	\$4.75	\$5.55
MATCHA LATTE		\$5.50	NA
ORGANIC TUMB	LEWEED T	EA BAG	
(Jasmine Green, Early			
	<b>\$2.25</b>	<b>\$2.25</b>	<b>\$2.25</b>

Specialty 12 0z. 16 0z. 20 0z.

LAKE FOG LATTE Early Grey tea latte with house lavender syrup. \$3.75 \$4.75 \$5.65

JINOW CAFFLUX			· •
White chocolate mocha with house chamomile syrup.			e syrup.
	\$4.25	\$5.50	NA
THE PROSPECTOR'S LATTE 💀			
House Turmoric "col	don milk" (o	leo containe a	in oor and

mouse furmerie	goraen min	(albe contains	ginger and
cinnamon)	\$3.50	\$4.25	\$5.25

12 OZ.



16 OZ. 20 OZ.

HOT COCOA	\$2.60	\$2.85	\$3.15
LEMONADE	\$1.75	\$2.25	\$2.75
HUCK LEMONADE	\$2.75	\$3.50	\$4.00
ICED TEA	\$2.50	\$3.00	\$3.50
ARNOLD PALMER	\$2.50	\$3.00	\$3.65
ITALIAN SODA	\$2.50	\$3.00	\$3.50
(Huckleberry or Wa	termelon)		



ALTERNATIVE MILKS \$.75 Almond, Oat, Coconut, and Soy

HOUSE SYRUP \$.75 . Lavender, Chamomile, Peppermint

**STANDARD SYRUP \$.50** Vanilla, Caramel, Hazelnut, Sugar-Free Vanilla, Watermelon, Huckleberry

WHIPPED CREAM \$.50

ESPRESSO SHOT \$.75

Bakery

ITEMS ROTATE DAILY - ASK FOR DETAILS

HOUSE GRANOLA 
 HALF LB \$4.95
Made with Aronia berry extract

HOUSE GRANOLA & FULL LB \$9.75 Made with Aronia berry extract

ASSORTED BAGELS \$1.75

JALAPEÑO CHEDDAR BAGEL \$2.25

GLUTEN-FREE BAGEL \$3.75

### CREAM CHEESE \$.95

Don't see what you want? Just ask!



Located in the Mountain Meadow Herbs building on highway 82 between Somers and Bigfork.

1019 HARD ROCK ROAD IN SOMERS 406.857.2815 OPEN MONDAY-FRIDAY 7AM - 2 PM



# TAKE OUR MENU TO-GO!

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FOLLOW US ON INSTAGRAM!

### CHIA PUDDING \$5.75

House Aronia and Bilberry vanilla chia pudding, topped with fresh fruit, nuts, and local honey. I GF | DF

### HARD ROCK ROAD PARFAIT \$5.50

Kalispell Kreamery Greek yogurt topped with house-made granola with Aronia. (Add fresh and seasonal fruit - \$1)

### MOUNTAIN MORNING PANINI \$5.00

Ceres Bakery Sourdough bread topped with scrambled eggs\*, cheddar cheese, and pesto. (Add ham - \$1) (Gluten-Free bread - \$1.75)

### AVOCADO TOAST \$6.75

Ceres Bakery Sourdough bread toasted and topped with smashed avocado, lemon juice, sea salt, and red pepper flakes. (Gluten-Free bread - \$1.75) **VG** | **DF** 



SERVED WITH A SLICE OF CERES BAKERY FOCACCIA

# SOUP OF THE WEEK CUP \$3.25 BOWL \$6.50

Each week we rotate one of our house soups. Ask your server what soup is featured this week.



PANINIS SERVED WITH SIDE OF VEGGIE CHIPS OR SIMPLY DRESSED GREENS. ADD CUP OF SOUP FOR \$1.50 (Gluten-Free bread - \$1.75)

# WOODS BAY-SIL \$8.95

Ceres Bakery Sourdough bread with fresh-sliced tomatoes, basil, mozzarella, and a balsamic glaze.

# THE MONTURKEY \$8.95

Ceres Bakery Sourdough bread with turkey, spinach, artichoke hearts, Swiss, and house lemon rosemary garlic mayo.

### THE DAM HAM \$8.95

Ceres Bakery Sourdough bread with ham, cheddar, sautéed bell peppers, sautéed onions, and house honey dijon mayo.



SALADS SERVED WITH A SLICE OF CERES BAKERY FOCACCIA. ADD CUP OF SOUP FOR \$1.50 (Gluten-Free toast - \$1.75)

# MUST BE SOMERS SALAD \$8.75

Spinach, strawberries, candied walnuts, and blue cheese with house balsamic vinaigrette. **GF** | **KT** 

# WE GOT THE BEET \$7.95

Arugula, beets, mozzarella, and candied walnuts, with house vinaigrette. **GF | KT** 

#### We cook our eggs to order. Consuming raw or undercooked food puts you at a higher risk for food-borne illness.

🤸 Indicates items made with MMH herbal extracts. See right panel for specific extracts used and their benefits.

VG Vegan GF Gluten-Free DF Dairy-Free KT Keto

# WE USE LOCAL, FRESH INGREDIENTS FROM:

Kalispell Kreamery	Ceres Bakery
Great Northern Honey Co.	Lower Valley Farms
Wild	Fieldheads Coffee
MontanaHuckleberries Flathead Farmworks	Tipu's Authentic Indian Chai Tumleweed Teas



Below is a list of the herbal extracts we use in our cafe, and their health benefits to you!

#### **ARONIA BERRY**

Extremely high antioxidant content, surpassing cranberries, blueberries, and even acai. Antioxidants help support healthy cells and can benefit all of the major body systems.

#### BILBERRY

Helps maintain good eyesight, digestive health, circulatory system support. Bilberries are also high in antioxidants.

#### TURMERIC

Supports a healthy inflammatory response benefiting joint and muscle health and comfort.

#### GINGER

Aids in digestion and supports stomach comfort. It can also help to boost the immune system and promote a healthy inflammatory response.

#### CINNAMON

Provides effective support to maintain healthy blood sugar levels. It is also high in antioxidants.

#### CHAMOMILE

Is calming to the central nervous system and can help to aid in relaxation.

#### LAVENDER

Has a soothing and calming effect on the nervous system, helping to minimize the effects of stress and other mood-related issues.

#### PEPPERMINT

May help to ease digestive upsets. It's also helps to support energy levels, providing a stimulating effect on the mind and body.