

# Breakfast

## Mountain Morning Panini \$9.00

Sourdough bread with scrambled eggs\*, cheddar cheese, and pesto. (Add ham - \$1) (Gluten-Free bread - \$2)



## Mountain Bowl \$12.00

Bacon or Chorizo, hashbrowns, eggs, peppers, and onions with cheese and avocado. GF



## Breakfast Burrito \$12.00

Bacon or Chorizo, hashbrowns, eggs, and cheese with avocado crema.



## Oatmeal \$6.00

Bowl of fresh-made oatmeal. (Add up to 2 - seasonal fresh fruit, nuts, cinnamon, brown sugar - \$1) GF



## House Granola

Made with Aronia berry extract

1/2 lb \$6.00 1 lb \$11.00

## Assorted Bagels \$3.50

with cream cheese on the side

### Substitutions

We can only accommodate substitutions and alterations to the menu for allergy related reasons. Thank you for your understanding.

GF Gluten-Free KT Keto VG Vegan DF Dairy-Free



# Toast

SERVED OPEN-FACED. (Gluten-Free bread - \$2)

## Avocado Toast \$11.00

Toasted sourdough topped with smashed avocado, lemon juice, sea salt, and red pepper flakes. VG | DF



## Woods Bay-sil Toast \$11.00

Toasted sourdough topped with pesto, fresh tomato, mozzarella, and a balsamic drizzle. (Served with a side of chips or simple greens.) (Sub cup of soup - \$2)



# Sandwich

SERVED WITH SIDE OF CHIPS OR SIMPLE GREENS. (Gluten-Free bread - \$2) (Sub cup of soup - \$3)

## The Monturkey Panini \$13.00



Sourdough bread topped with turkey, spinach, artichoke hearts, Swiss, and house lemon rosemary garlic mayo--grilled in a panini press.

## Ham Panini \$11.00



Sourdough topped with ham, cheddar, sautéed onion/pepper blend, and house honey dijon mayo--grilled in a panini press.

## The Somers Club \$12.50



Sourdough topped with bacon, ham, turkey, lettuce, tomato, and mayo--grilled in a panini press.

## Grilled Cheese with Chips \$8.00

Sourdough bread with cheddar cheese. (Add ham - \$1) (Gluten-Free bread - \$2)

# Soup or Salad

## Rotating Monthly Soup

Served with focaccia bread

Cup \$5.00 Bowl \$8.50

## Side Salad \$5.00

Arugula, cucumber, tomato, tossed in olive oil & black pepper with house balsamic vinaigrette.

GF | KT

Orders with 6 or more items will have an automatic gratuity of 15% added.

Located in the Mountain Meadow Herbs building on Highway 82 between Somers and Bigfork.

1019 Hard Rock Road in Somers • 406.303.5157

## Coffee

|             | 12 oz. | 16 oz. | 20 oz. |
|-------------|--------|--------|--------|
| Drip Coffee | \$2.50 | \$2.75 | \$3.00 |
| Americano   | \$3.00 | \$3.75 | \$4.00 |
| Latte       | \$4.25 | \$4.75 | \$5.00 |
| Mocha       | \$4.50 | \$5.00 | \$5.25 |
| Cappuccino  | \$4.25 | \$4.75 | \$5.00 |
| Cold Brew   | \$3.75 | \$4.25 | \$4.75 |

## Tea

|  | 12 oz. | 16 oz. | 20 oz. |
|--|--------|--------|--------|
| Chai Latte   | \$4.50 | \$5.00 | \$5.80 |
| Matcha Latte   | \$5.00 | \$6.00 | \$6.25 |
| <b>Organic Tumbleweed Tea Bag</b><br>(Early Grey, Hibiscus Punch, Jasmine Green, Lemon Ginger, and Peppermint) | \$2.00 | \$2.50 | \$3.00 |

## Specialty

|  | 12 oz. | 16 oz. | 20 oz. |
|--|--------|--------|--------|
|--|--------|--------|--------|

### Lake Fog Latte

Early Grey tea latte with house lavender syrup.

\$4.25    \$5.00    \$6.00

### Snow Capped Chamomile Mocha

White chocolate mocha with house chamomile syrup.

\$4.50    \$5.75    \$6.50

### The Prospector's Latte

House Turmeric "golden milk" (contains ginger & cinnamon)

\$4.00    \$5.00    \$6.00

### Bella's Lotus

Hibiscus tea, honey, and Power-Up Lotus

\$4.00    \$5.00    \$6.00

(Or make your own Lotus® with any of our other syrups)

## Extra

### Alternative Milks \$1.00

Almond, Coconut, Oat, and Soy

### House Syrup \$1.00

Chamomile, Lavender, Peppermint, Turmeric

### Standard Syrup \$1.00

### Espresso Shot \$.75 each

### White Coffee \$2.00

### Flavors

Almond  
Blue Raspberry  
Caramel  
Hazelnut

Huckleberry  
Red Raspberry  
Rose  
Strawberry

Toasted Marshmallow  
Toffee Nut  
Vanilla  
Watermelon

White Chocolate  
SF Caramel  
SF Chai  
SF Chocolate

SF Frappe Mix  
SF Vanilla  
SF White Chocolate

## Blends

|   | 16 oz. | 20 oz.  |
|---|--------|---|
| <b>Frappe</b><br>Blended coffee                                       | \$7.00 | \$8.00  |
| <b>Mountain Climber (20 oz.)</b><br>Blended energy drinks with Lotus. |        | \$8.00  |
| <b>Blue Lagoon</b><br>Blue Raspberry & Coconut                        |        | <b>Caramel Apple</b><br>Caramel & Granny Smith Apple          |
| <b>Tigers Blood</b><br>Watermelon, Strawberry, & Coconut              |        | <b>Berry Love</b><br>Strawberry, Huckleberry, & Red Raspberry |

## Other

|   | 12 oz. | 16 oz. | 20 oz. |
|---|--------|--------|--------|
| Hot cocoa   | \$3.00 | \$4.00 | \$5.00 |
| Iced Tea  | \$3.00 | \$4.00 | \$5.00 |
| Italian Soda<br>(Choose your flavor from our syrup selection) | \$3.00 | \$4.00 | \$5.00 |

### Supplement Boosts

Add \$2.00 each

Aronia Extract  
Ashwagandha Extract  
Ginkgo Biloba Extract  
Rhodiola Root Extract

Turmeric Root Extract  
D3 Sunshine Drops  
Eye-Can-C  
First Immune-Defense  
Collagen  
MCT Oil

### What sets MMH apart from other natural remedies and herbal supplements?

Gifts from nature have provided for most of our health and healing needs since the beginning of time. Researching and educating yourself to begin uncovering these gifts for you and your family can be overwhelming. That is why we've done it for you!

At our headquarters in beautiful, right here in Somers, MT, fresh and pure extracts of individual herbs are made daily. Mountain Meadow Herb's proprietary processes for extracting herbs have been researched, tested, and refined over time so that the final result is a pure, golden gift from nature. We currently combine over 50 proprietary blends and formulas that target and support specific organs and body systems. These powerful liquids are up to 70% more effective than tablets or encapsulated herbs. Absorption is almost instant, and the benefits can be seen very quickly in many instances.



Follow us on Instagram



Located in the Mountain Meadow Herbs building on Highway 82 between Somers and Bigfork.

1019 Hard Rock Road in Somers • 406.303.5157