

Breakfast

CHIA PUDDING \$8.50

House Aronia and Bilberry, vanilla chia pudding, topped with fresh fruit and nuts. **GF | DF**

MOUNTAIN MORNING PANINI \$9.00

Sourdough bread with scrambled eggs*, cheddar cheese, and pesto. (Add ham - \$1) (Gluten-Free bread - \$2)



MOUNTAIN BOWL \$12.00

Bacon or Chorizo, hashbrowns, eggs, peppers, and onions with cheese and avocado. **GF**



BREAKFAST BURRITO \$12.00

Bacon or Chorizo, hashbrowns, eggs, and cheese with avocado crema.



OATMEAL \$6.00

Bowl of fresh-made oatmeal. (Add up to 2 - seasonal fresh fruit, nuts, cinnamon, brown sugar - \$1) **GF**

HOUSE GRANOLA

Made with Aronia berry extract

1/2 LB \$6.00 1 LB \$11.00

ASSORTED BAGELS \$3.50

with cream cheese on the side

SUBSTITUTIONS

We can only accommodate substitutions and alterations to the menu for allergy related reasons. Thank you for your understanding.

GF Gluten-Free **KT** Keto **VG** Vegan **DF** Dairy-Free

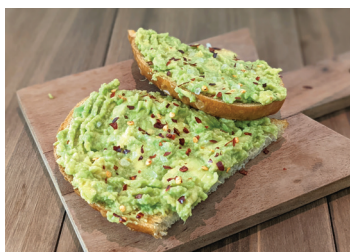


Toast

SERVED OPEN-FACED.
(Gluten-Free bread - \$2)

AVOCADO TOAST \$11.00

Toasted sourdough topped with smashed avocado, lemon juice, sea salt, and red pepper flakes. **VG | DF**



WOODS BAY-SIL TOAST \$11.00

Toasted sourdough topped with pesto, fresh tomato, mozzarella, and a balsamic drizzle. (Served with a side of chips or simple greens.)



Kids

GRILLED CHEESE WITH VEGGIE CHIPS \$8.00

Sourdough bread with cheddar cheese. (Add ham - \$1) (Gluten-Free bread - \$2)

Sandwich

SERVED WITH SIDE OF CHIPS OR SIMPLE GREENS. (Gluten-Free bread - \$2)

THE MONTURKEY PANINI \$13.00



Sourdough bread topped with turkey, spinach, artichoke hearts, Swiss, and house lemon rosemary garlic mayo--grilled in a panini press.

HAM PANINI \$11.00



Sourdough topped with ham, cheddar, sautéed onion/pepper blend, and house honey dijon mayo--grilled in a panini press.

THE SOMERS CLUB \$12.50



Sourdough topped with bacon, ham, turkey, lettuce, tomato, and mayo--grilled in a panini press.

Salad

MUST BE SOMERS SALAD \$9.75

Spinach, strawberries, sliced almonds, and feta with house balsamic vinaigrette. **GF | KT**



SIDE SALAD \$5.00

Arugula, cucumber, tomato, tossed in olive oil & black pepper with house balsamic vinaigrette. **GF | KT**

Orders with 6 or more items will have an automatic gratuity of 18% added.

Located in the Mountain Meadow Herbs building on Highway 82 between Somers and Bigfork.

1019 HARD ROCK ROAD IN SOMERS • 406.303.5157

Coffee

	12 OZ.	16 OZ.	20 OZ.
DRIP COFFEE	\$2.50	\$2.75	\$3.00
AMERICANO	\$3.00	\$3.75	\$4.00
LATTE	\$4.25	\$4.75	\$5.00
MOCHA	\$4.50	\$5.00	\$5.25
CAPPUCCINO	\$4.25	\$4.75	\$5.00
COLD BREW	\$3.75	\$4.25	\$4.75

Tea

	12 OZ.	16 OZ.	20 OZ.
CHAI LATTE	\$4.50	\$5.00	\$5.80
MATCHA LATTE	\$5.00	\$6.00	\$6.25
ORGANIC TUMBLEWEED TEA BAG			
(Jasmine Green, Early Grey, Peppermint, and Hibiscus Punch)	\$2.00	\$2.50	\$3.00

Specialty

	12 OZ.	16 OZ.	20 OZ.
LAKE FOG LATTE			
Early Grey tea latte with house lavender syrup.	\$4.25	\$5.00	\$6.00
SNOW CAPPED CHAMOMILE MOCHA			
White chocolate mocha with house chamomile syrup.	\$4.50	\$5.75	\$6.50
THE PROSPECTOR'S LATTE			
House Turmeric "golden milk" (also contains ginger and cinnamon)	\$4.00	\$5.00	\$6.00
LOTUS® BERRIES AND COCONUT CREAM			
Lotus Plant Energy with berry syrup and coconut milk	\$4.00	\$5.00	\$6.00
(Or make your own Lotus® with any of our other syrups)			

Other

	12 OZ.	16 OZ.	20 OZ.
HOT COCOA	\$3.00	\$4.00	\$5.00
ICED TEA	\$3.00	\$4.00	\$5.00
ITALIAN SODA	\$3.00	\$4.00	\$5.00
(Choose your flavor from our syrup selection)			

Extra

ALTERNATIVE MILKS	\$1.00
Almond, Coconut, and Soy	
OAT MILK	\$2.00
HOUSE SYRUP	\$1.00
Chamomile, Lavender, Peppermint, Turmeric	
STANDARD SYRUP	\$1.00
ESPRESSO SHOT	\$1.00
WHITE COFFEE	\$2.00

FLAVORS

Almond
Blue Raspberry
Caramel
French Vanilla
Hazelnut

Huckleberry
Lime
Orange
Red Raspberry
Rose

Strawberry
Toasted Marshmallow
Toffee Nut
Watermelon
White Chocolate

SF Caramel
SF Chai
SF Chocolate
SF Frappe Mix
SF Vanilla

SF White Chocolate

Blends and Bowls

TURN ANY OF OUR FRESH-FRUIT SIGNATURE SMOOTHIES INTO A BOWL. ALL BOWLS ARE TOPPED WITH FRESH FRUIT, GRANOLA, AND HONEY DRIZZLE.

	16 OZ.	20 OZ.	BOWL
TROPICAL GARDEN	\$7.00	\$9.00	\$10.50
Spinach, mint, mango, pineapple, banana, coconut water.			
GF DF			

BERRY CHERRY	\$7.00	\$9.00	\$10.50
Strawberry, blueberry, banana, flathead cherry, almond milk.			
GF DF			

DREAMSICLE	\$7.00	\$9.00	\$10.50
Mango, banana, pineapple, dates, almond milk, orange juice.			
GF DF			

MOUNTAIN ACAI BOWL	NA	NA	\$10.50
(BOWL ONLY)			
Blended Acai, blueberries, banana base; topped with fresh strawberries, banana, blueberries, granola, and honey drizzle.			
GF DF			

FRAPPE	\$7.00	\$8.00	NA
Blended coffee			

MOUNTAIN CLIMBER (20 OZ.)	\$8.00
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Blended energy drinks with Lotus.

BLUE LAGOON	CARAMEL APPLE
Blue Raspberry & Coconut	Caramel & Granny Smith Apple

TIGERS BLOOD	BERRY LOVE
Watermelon, Strawberry, & Coconut	Strawberry, Huckleberry, & Red Raspberry

EXTRA BOWL TOPPINGS

Agave - \$0.50
Almond Butter - \$1.00
Banana - \$0.50
Bee Pollen - \$0.50
Blueberries - \$0.50
Chia Seeds - \$1.00
Coconut Flakes - \$0.50
Flax Seeds - \$0.50
Goji Berries - \$1.00
Honey - \$0.50
House Granola - \$1.00
Peanut Butter - \$1.00
Strawberries - \$0.50

SUPPLEMENT BOOSTS

ADD \$2.00 EACH
Aronia Extract
Ashwagandha Extract
Ginkgo Biloba Extract
Rhodiola Root Extract
Turmeric Root Extract
D3 Sunshine Drops
Eye-Can-C
First Immune-Defense
Collagen
MCT Oil

SMOOTHIE BOOSTS

Almond Butter - \$1.00
Chia Seed - \$0.50
Peanut Butter - \$1.00
Plant-Based Protein - \$1.00
Lotus® Energy \$1.50



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